# SCHOOLYARD GARDENS FOOD SAFETY GUIDELINES

## How to safely maintain, harvest and prepare fresh garden produce

#### **Working in the Garden**

- Water your garden with potable water.
- Never use herbicides or pesticides on or around garden - communicate with school grounds crew to ensure they're doing the same.
- SYG safe compost suggestions include:
  - LawnCorps for large projects\*
  - Cotton Burr Compost small projects\*
  - DIY Compost SYG Compost Manual

\*contact your SYG coordinator for more info

#### **Proper Storage**

- Label and date all stored produce.
- Refrigerate all cut produce in an airtight container.
- For specific guidelines on storing fresh garden produce, please reference the <u>Storing Fresh Produce</u> handout, a joint effort from K-State and MU Extension.

### **Harvesting Produce**

- · Wash your hands.
- Site check garden for animal feces and rotting produce. Remove if necessary and wash hands again.
- Use clean food grade containers for harvesting.
- Remove as much soil from produce as possible before putting it in your container.
- Wash and sanitize all containers in between uses.

#### **Sending Produce Home**

- Provide food safe containers to send home (i.e. gallon Ziploc bags, produce bags or reusable containers).
- Shake off as much soil as possible from produce before putting into food safe containers.
- Leave produce unwashed to delay mold development.
- Label and date each students' contents and send a note/email to parents letting them know about the fresh produce coming home. Make your own or use our "Veggies on Board" letter to parents.

#### **Preparing and Serving**

- Plan ahead! Communicate with food service staff to harvest in a timeline that will allow for immediate use or make plans for proper and safe food storage.
- Wash your hands often.
- Wash and sanitize sinks, counters, cutting boards and utensils before preparing produce. Check with food service for their sanitation procedure.
- Rinse all produce you're planning to consume immediately with potable water.
  Any produce you've harvested for later use, store unwashed to delay mold development in storage.

# **Safety Reminders & Additional Resources**

- Never let anyone who is sick work in the garden, harvest produce, prepare garden
- produce, or serve food.Wash hands thoroughly and often when harvesting and preparing produce.
- Always refer to food service team's sanitation procedures when preparing and serving food in the cafeteria.
- For further details, please reference the <u>K-State Extension Food Safety Fact</u> <u>Sheet</u>.



