



Vegetable Spotlight



CILANTRO

VEGETABLE SUMMARY

SYG Variety: Santos

Growing Seasons: Spring & Fall

Fast or Slow Crop: Fast (3-5 weeks from seed to harvest)

Harvest: Cilantro is an herb that you will harvest continually throughout the season.



SEEDS



SEEDLINGS



FULLY GROWN PLANTS

Nutrition Facts: Cilantro helps the body produce **enzymes**. Enzymes breakdown the foods we eat and help the body with healthy digestion. Cilantro also contains vitamins A and K as well as many phytonutrient properties important for health.

Recipes: Try cilantro in our [Salsa on a Stick](#) recipe or our [Garden Pesto](#) recipe.

Book Recommendations: *In a Garden* by Tim McCanna, Illustrated by Aimée Sicuro

GARDEN INSECT SCAVENGER HUNT (CILANTRO)

MATERIALS:

- Garden Insect Scavenger Hunt (provided)
- Magnifying glasses
- Clipboards
- Pencils and/or crayons
- Collection containers (optional)

SUMMARY:

In the book, *In a Garden* by Tim McCanna, we learn about the many activities happening in a garden that sometimes go unnoticed. Many of these unnoticed activities are done by insects or bugs. Go on a garden scavenger hunt to discover more about your garden and the creatures living within it!

ACTIVITY:

1. Make enough copies of the 'Garden Insect Scavenger Hunt' for each student to have one. Alternatively, pair students up and let them work together.
2. Hand out 1 scavenger hunt, 1 clipboard, 1 magnifying glass and pencil(s)/crayons to each student.
3. Take the class out to the garden and explain that they'll be going on a scavenger hunt to look at insects living in their garden. Remind them that they'll have to be good observers, because sometimes they'll see the insect itself, but other times they might just see a sign that it was once there (i.e. holes in kale leaves might signal that there are or were caterpillars in your garden). Also remind students that when we are observing, we are looking with our eyes and not touching the insects unless an adult gives permission.
4. Encourage students to also use page two of their scavenger hunt to draw anything interesting they observed in their garden.
5. Wrap up the activity by asking students to share what they found. Why do you think a garden is a good place for insects to live? When we don't see insects in our garden, what are some signs that show us they're there?

KELS AND MISSOURI EARLY LEARNING GOALS:

KANSAS:

- S.p4.4: Asks /answers questions about objects, organisms and events in their environments.
CA.p4.14b: Drawings suggest real life.

MISSOURI:

- VI.B.2.a.: Asks questions about the natural world.
VI.B.2.b.: Collects information to learn about living things.
VI.B.2.c.: Shows knowledge of the characteristics of living things.
VI.B.4.c.: Represents observations through art and construction.
VI.B.4.d.: Talks about plants and animals.



GARDEN INSECT SCAVENGER HUNT (CILANTRO)



Holes in a leaf



Spider Web



Lady Bug



A grub in the soil



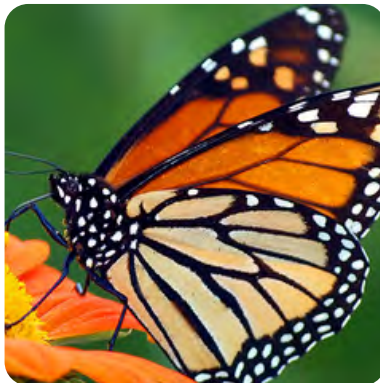
Earthworm



Bee



Caterpillar



Butterfly



Black Beetle

GARDEN INSECT SCAVENGER HUNT (CILANTRO) - DRAW YOUR OWN

Did you find other interesting insects or signs of insects in your garden that isn't listed on the scavenger hunt? Use the boxes below to draw what you observed!

