

Recipe for: ROASTED CABBAGE

Serves 10-20 students a sample size portion

INGREDIENTS

- 1 head of cabbage, cored and chopped
- 2-3 tablespoons extra-virgin olive oil
- salt to taste

DIRECTIONS

1. Preheat oven to 425 F
2. Transfer chopped cabbage to a medium bowl and drizzle with oil.
3. Sprinkle with salt and toss until well combined.
4. Spread on a baking sheet and roast in the oven, stirring halfway through, 15-20 minutes. Cabbage will be tender and slightly browned.



SCHOOLYARD GARDENS