



Vegetable Spotlight



SWEET POTATOES

VEGETABLE SUMMARY

SYG Variety: Beauregard

Growing Seasons: Summer

Maintenance: Unsure how to plant your sweet potato slips? Watch our quick [How to Plant Sweet Potatoes](#) video. After planting, keep soil temperature regulated and weeds at bay by mulching your sweet potato plants. Watch our quick [How to Mulch](#) video to learn more.

Harvest: Sweet Potatoes will be ready for harvest in the fall around mid to late September. Watch our quick [How to Harvest Sweet Potatoes](#) video to learn more.



SWEET POTATO SLIPS



FULLY GROWN PLANTS
(READY FOR HARVEST)

Nutrition Facts: Sweet potatoes are a great source of **vitamin B6**. Vitamin B6 is important for brain health and helps with things like memory, mood, and focus. Sweet potatoes are also an excellent source of vitamins A and C and the minerals manganese and potassium.

Recipes: Try this delicious recipe for [Sweet Potato Hummus](#)!

Book Recommendations: *Little Sweet Potato* by Amy Beth Bloom, Illustrated by Noah Z. Jones

CHARACTER AND SETTING SORT (SWEET POTATO)

MATERIALS:

- *Little Sweet Potato* by Amy Beth Bloom
- Character and Setting Sort Worksheet (provided)
- Child safe scissors
- Glue sticks or tape

SUMMARY:

In the book, *Little Sweet Potato*, the little sweet potato learns that it is important to be kind and respectful. Part of being kind and respectful is accepting others for who they are instead of what they look like.

ACTIVITY:

1. Read, *Little Sweet Potato*, by Amy Beth Bloom.
2. Discuss the story as a class. Explain what the terms 'character' and 'setting' mean and give students examples of each from the story. For example, the sweet potato and each of the vegetables that he runs into are examples of characters from the story, while the flower patch and the road are examples of settings.
3. Once students have an understanding of the different terms, have them complete the provided "Character and Setting Sort" worksheet.
4. After students have completed sorting, explain what the term 'event' means as it pertains to literature. As a class, discuss any major events that occurred in the story.
5. Wrap the activity up by heading out to your garden and checking on your sweet potatoes! Don't forget to water, weed and mulch if needed.

KELS AND MISSOURI EARLY LEARNING GOALS:

KANSAS:

CL.L.p4.3: With prompting and support, identifies characters, settings and major events in a story.

Missouri:

IV.B.1.d.: Follows simple directions

IV.B.1.e.: Listens responsively to books and stories

IV.B.1.f.: Responds to questions

IV.B.1.g.: Listens to and engages in conversations and communication with others



CHARACTER AND SETTING SORT (SWEET POTATO)

Directions: After reading, *Little Sweet Potato* by Amy Beth Bloom, cut out each picture below and sort them into characters and settings.

Characters

Settings

