

Free Workshops

Did you know? KCCG offers 40+ free gardening and cooking workshops each year. With topics ranging from an introduction to vegetable gardening to tips and tricks for pest management and cooking demonstrations with fresh garden produce, we welcome everyone from beginner gardeners to seasoned pros.

See the schedule and register at:
kccg.org/workshops

Online Resources

KCCG's website offers guide sheets on a wealth of gardening topics, including watering, fertilizing, pest management and more!

Find them at
kccg.org/gardening-guidesheets

Our vast library of online videos can help you with most anything including planting, maintenance, harvesting, and cooking.

Find them at
kccg.org/how-to-videos

Together We Grow

KCCG provides seeds, plants, resources and education that help more than 42,000 households to grow more than 1.5 million pounds of healthy food each year.



@KansasCityCommunityGardens



@kccommunitygardens



www.kccg.org



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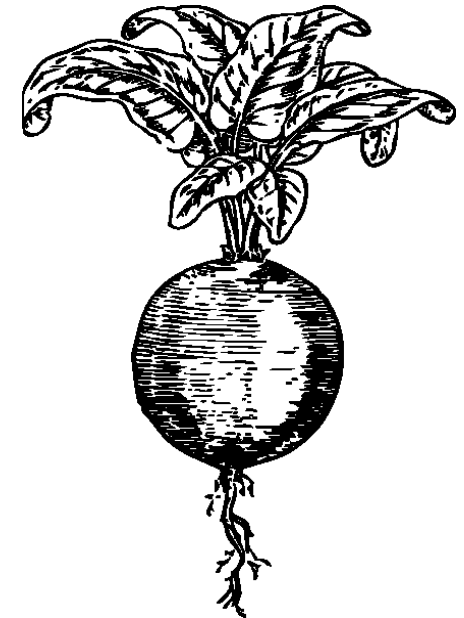
6917 Kensington Ave
Kansas City, MO 64132

Volunteer

Volunteers help to fill seed packs, start transplants, build raised garden beds, and more! We have opportunities for everyone.

To join the fun, visit
www.kccg.org/volunteer

Growing Great Beets



KCCG
KANSAS CITY COMMUNITY GARDENS

KCCG's Varieties

Detroit Dark Red - 45-70 days. 2.5-3" globe roots of blood-red color. For canning and fresh use.

Early Wonder Top - 45 days. Earliest beets and greens. Large vigorous tops. Tall bright, glossy green, red-veined tops, slightly flattened red roots.

Red & Golden Blend - 40 - 70 days - This unique blend allows you to have dark red, bright red, golden and striped beets all from one planting.

Nutritional Facts:

Beet tops are an excellent source of vitamin A and the roots are a good source of vitamin C. The tops are cooked or serve fresh as greens and the roots may be pickled for salads or cooked

Spacing & Depth:

Plant seeds 1/2 inch deep

Ground Plot Planting: Plant in rows spaced 18-24" apart. Thin plants to stand 3" apart.

Raised Bed Planting: Plant 2 seed pods 3" apart. Thin plants 6-8" apart to allow beets to have space to grow.

Planting:

**3/15-4/15
SPRING CROP**

**8/1 - 8/10
FALL CROP**

MATURITY: 45-70 DAYS*

*Dependent on variety grown

Beets are fairly frost hardy and can be planted in the garden 30 days before the frost free date for your area.

Although beets grow well during warm weather, the seedlings are established more easily under cool, moist conditions.

Start successive plantings at 3 to 4 week intervals until midsummer for a continuous supply of fresh, tender, young beets. Irrigation assures germination and establishment of the later plantings.

Hand thinning is almost necessary. The seedlings should be thinned to 1 to 3 inches apart. If thinning is delayed until the plants are 3 inches tall, those removed may be cooked greens like spinach.

Care:

Frequent shallow cultivation is important because beets compete poorly with weeds, especially when small.

Care:

Because beets have extremely shallow roots, hand weeding and early, frequent and shallow cultivation are the most effective methods of controlling weeds in rows.

Deep cultivation after the weeds are large damages the beet roots. Like most root crops, beets need a fertile soil (especially high in potassium) for vigorous growth. Keep your plants uniformly supplied with moisture for best performance.

Harvest and Storage:

Beets can be harvested whenever they grow to the desired size. About 60 days are required for beets to reach 1 1/2 inches in diameter, the size often used for cooking, pickling or canning as whole beets.

Beets enlarge rapidly to 3 inches with adequate moisture and space. With most varieties, beets larger than 3 inches may become tough and fibrous.

Beets may be stored in a polyethylene bag in the refrigerator for several weeks. Beets may also be stored in outdoor pits if the dug before the ground freezes in the fall. Cut off the tops of beets 1 inch above the roots. Beets store best at 32 degrees F and 95% humidity. Do not allow them to freeze.