

# Free Workshops

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Did you know? KCCG offers 40+ free gardening and cooking workshops each year. With topics ranging from an introduction to vegetable gardening to tips and tricks for pest management and cooking demonstrations with fresh garden produce, we welcome everyone from beginner gardeners to seasoned pros.

**See the schedule and register at:**  
[kccg.org/workshops](http://kccg.org/workshops)

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# Online Resources

KCCG's website offers guide sheets on a wealth of gardening topics, including watering, fertilizing, pest management and more!

**Find them at**  
[kccg.org/gardening-guidesheets](http://kccg.org/gardening-guidesheets)

Our vast library of online videos can help you with most anything including planting, maintenance, harvesting, and cooking.

**Find them at**  
[kccg.org/how-to-videos](http://kccg.org/how-to-videos)

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# Together We Grow

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KCCG provides seeds, plants, resources and education that help more than 42,000 households to grow more than 1.5 million pounds of healthy food each year.

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[@KansasCityCommunityGardens](https://www.facebook.com/KansasCityCommunityGardens)



[@kcccommunitygardens](https://www.instagram.com/kcccommunitygardens)



[www.kccg.org](http://www.kccg.org)



816.931.3877



[contact@kccg.org](mailto:contact@kccg.org)



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Kansas City, MO 64132

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# Volunteer

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Volunteers help to fill seed packs, start transplants, build raised garden beds, and more! We have opportunities for everyone.

To join the fun, visit  
[www.kccg.org/volunteer](http://www.kccg.org/volunteer)

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# Growing Great Corn

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**KCCG**  
KANSAS CITY COMMUNITY GARDENS

# KCCG's Varieties

**Argent** - 85 days. 8.5 - 9" ears with 14-16 rows of fine white kernels, tender sweet creamy texture, with a superior package and husk protection. (hybrid).

**Bodacious** - 75 days. An extremely high quality yellow corn. Very sweet and tender. Plants are 87" tall with 8" long ears. (hybrid)

**Peaches & Cream** - 70 days  
- Matures early in the season, 8.5" long ears with petite, bi-colored kernels. (hybrid)

**Robust Popcorn** - 110 days  
Early maturing gourmet yellow popcorn. 7' tall plants with 1-2 ears per plant. (hybrid)

## Planting:

Plant 4/25-7/1

(Guidelines for planting in raised beds)

Seeds: Dig furrows 1.5" deep.

Sow seeds 15-18" apart in rows spaced 15-18" apart.

## Care:

Seeds: Water regularly with a gentle spray.

Keep the soil moist so that the seeds will germinate.

Young seedlings: Water when top 1 inch of soil dries out.

Mulch plants with cotton burr compost to keep soil moist.

## Harvest & Storage:

Corn is ready to be harvested once the silks have dried out and the top of the ear of corn has rounded out. If you are not sure, pull back a small part of the husk and check to see if the kernels are full, round and milky. To harvest the corn, twist the ear and it should come off easily. Store corn in the husk in the refrigerator for 4 to 5 days.

## Nutritional Facts:

Corn is rich in zinc, calcium, iron, Vitamin C, fiber and antioxidants which help keep bodies healthy and help fight off diseases. Corn, which grows in a variety of colors including blue, pink and red, is a staple of the American diet. Most products sold in U.S. grocery stores have a corn-based product.