## Free Workshops

Did you know? KCCG offers 40+ free gardening and cooking workshops each year. With topics ranging from an introduction to vegetable gardening to tips and tricks for pest management and cooking demonstrations with fresh garden produce, we welcome everyone from beginner gardeners to seasoned pros.

See the schedule and register at: kccg.org/workshops

## Online Resources

KCCG's website offers guide sheets on a wealth of gardening topics, including watering, fertilizing, pest management and more!

Find them at kccg.org/gardening-guidesheets

Our vast library of online videos can help you with most anything including planting, maintenance, harvesting, and cooking.

Find them at kccg.org/how-to-videos

## Together We Grow

KCCG provides seeds, plants, resources and education that help more than 42,000 households to grow more than 1.5 million pounds of healthy food each year.



@KansasCityCommunityGardens



@kccommunitygardens



www.kccg.org



816.931.3877



contact@kccg.org



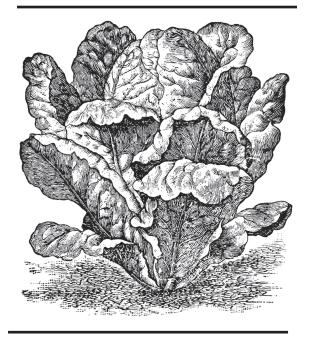
6917 Kensington Ave Kansas City, MO 64132

### Volunteer

Volunteers help to fill seed packs, start transplants, build raised garden beds, and more! We have opportunities for everyone.

To join the fun, visit **www.kccg.org/volunteer** 

# Growing Great Lettuce





## KCCG's Varieties

**Buttercrunch** - 60 days - Boston type or loosehead. Larger and more heat tolerant than Bibb, slower to bolt. Leaves are thick, crisp and tender.

**Canasta** - 58 days - Crisp, full-flavored and exceptionally bolt resistant. Large, ruffled, yellow-green leaves, lightly tinged with red.

**Coastal Star** - 57 days - Large green romaine lettuce with excellent heat tolerance.

KCCG's 30th Anniversary

Gourmet Blend - 30 - 60 days. This custom blend was specially chosen to celebrate KCCG's 30th Anniversary. It includes 11 great tasting premium lettuce varieties (Cimmaron, Red Salad Bowl, Salad Bowl, Oakleaf Royal, Red Sails, Buttercrunch, Tango, Ruby Red, Canasta, Four Seasons) with great diversity of color and texture.

**Ruby Red** - 40 days - A red leaf lettuce that has bright red, glossy and crumbled leaves.

Red Butterhead - 61 days -Traditional variety from China has fruits up to 15" long that are sweet flavored and bitter free. Vines are widely adapted, grow well in hot weather and set fruit early.

**Salad Bowl** - 45 days. A green leaf lettuce that is sweet and crisp. Ruffled leaves; slow to bolt. Seeds: Water the seeds regularly with a gentle spray. Keep the soil moist, so that the seeds will germinate.

### **Planting:**

Plant 3/15-4/20 or 8/1-8/20 (Guidelines for planting in raised beds)

Seeds: Lettuce can be planted by sowing seeds in rows 4-6" apart and later be thinned to stand 2-3" apart.

Plants: Plant transplants 10-12" apart in rows spaced 10 -12" apart.

#### Care:

Seeds: Water the seeds regularly with a gentle spray. Keep the soil moist, so that the seeds will germinate.

Young seedlings: Water when top 1 inch of soil dries out. Mulch plants with cotton burr compost or straw. Water more deeply once plants grow 1 to 2 inches tall.

### **Harvest & Storage:**

Harvest lettuce leaves after they are 4 inches or longer. Take leaves from the outside of the plant while leaving the inner, smaller leaves so that they continue to grow.

Be sure to harvest your lettuce before it goes to seed, or bolts, during hotter months. After it bolts, the lettuce becomes very bitter and inedible.

Store in the refrigerator for up to a week. Do not wash lettuce until right before preparing it.