# Free Workshops

Did you know? KCCG offers 40+ free gardening and cooking workshops each year. With topics ranging from an introduction to vegetable gardening to tips and tricks for pest management and cooking demonstrations with fresh garden produce, we welcome everyone from beginner gardeners to seasoned pros.

See the schedule and register at: kccg.org/workshops

# Online Resources

KCCG's website offers guide sheets on a wealth of gardening topics, including watering, fertilizing, pest management and more!

Find them at kccg.org/gardening-guidesheets

Our vast library of online videos can help you with most anything including planting, maintenance, harvesting, and cooking.

Find them at kccg.org/how-to-videos

# Together We Grow

KCCG provides seeds, plants, resources and education that help more than 42,000 households to grow more than 1.5 million pounds of healthy food each year.



@KansasCityCommunityGardens



@kccommunitygardens



www.kccg.org



816.931.3877



contact@kccg.org



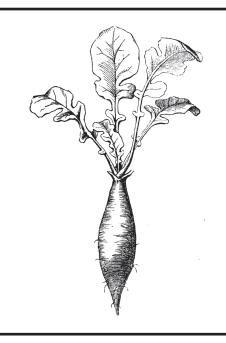
6917 Kensington Ave Kansas City, MO 64132

## Volunteer

Volunteers help to fill seed packs, start transplants, build raised garden beds, and more! We have opportunities for everyone.

To join the fun, visit **www.kccg.org/volunteer** 

# Growing Great Radishes





### **KCCG's Varieties**

Cherry Belle 20-30 days. Round, bright cherry red with white flesh. Root is about 1" in diameter, tops about 3" at harvest time. Keeps well.

**Easter Egg** - 30 days - This seed packet will produce beautiful radishes in a variety of colors (red, white, pink, purple) that are fun for kids to pick and eat. The roots grow larger than standard varieties and stay crisp and mild even when large.

White Icicle - 30 days.

A uniform short top strain which forms 6" long roots very quickly. Flesh is white, crisp, and mild.

### **Planting:**

Plant 3/15-5/1 or 8/1-8/25 (Guidelines for planting in raised beds)

Sow seeds 2-3" apart in rows that are 2-4" apart.

#### Care:

Seeds: Water regularly with a gentle spray. Keep the soil moist so that the seeds will germinate.

Young seedlings: After germination, thin the seedlings so that they are 3-4" apart. Water when top 1 inch of soil dries out. Mulch plants with cotton burr compost or straw to keep the soil moist.

#### **Nutritional Facts**

One serving of radishes contains 25% of the recommended daily value of Vitamin C.

Radishes contain antibacterial and antifungal properties.

Radishes are high in vitamins and minerals including magnesium, iron, copper and calcium.

Radishes contain as much potassium as bananas.

### **Harvest & Storage:**

As radishes are ready for harvest you will be able to see them peaking out of the soil.

When you harvest them, pull the plant from the base of the stem and it should come out. If the ground is hard, use a garden trowel to loosen the soil around the radishes.

Radishes will begin to split if left in the ground too long. Break the radish stems off of the root approximately 1" above the bulb.

Store in the refrigerator or in a cool, dark place.

Gently wash radishes after harvesting to remove loose dirt.

Wash again when ready to eat.