

# Recipe for:

## MUSTARD GREEN & ROASTED BEET CITRUS SALAD

### INGREDIENTS

#### For the salad:

- 3-4 cups Mustard Greens, raw, chopped
- 2-3 medium beets, roasted and cooled
- 1 cup quinoa, cooked
- ½ orange, peeled and sliced (cut in ½ before peeling and save 1 of the halves to juice for the dressing)
- ¼ cup pumpkin seeds, toasted

#### For the dressing:

- 2 tablespoons sesame oil
- Juice from ½ an orange
- 3-4 green onions, finely chopped
- 1 teaspoon honey
- Salt to taste

### DIRECTIONS

1. Combine all ingredients for salad in a large bowl
2. In a small bowl or jar mix all ingredients for the dressing, until well combined
3. Drizzle dressing over salad mixture and toss to combine

