

# Free Workshops

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Did you know? KCCG offers 40+ free gardening and cooking workshops each year. With topics ranging from an introduction to vegetable gardening to tips and tricks for pest management and cooking demonstrations with fresh garden produce, we welcome everyone from beginner gardeners to seasoned pros.

See the schedule and register at:  
[kccg.org/workshops](http://kccg.org/workshops)

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# Online Resources

KCCG's website offers guide sheets on a wealth of gardening topics, including watering, fertilizing, pest management and more!

Find them at  
[kccg.org/gardening-guidesheets](http://kccg.org/gardening-guidesheets)

Our vast library of online videos can help you with most anything including planting, maintenance, harvesting, and cooking.

Find them at  
[kccg.org/how-to-videos](http://kccg.org/how-to-videos)

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# Together We Grow

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KCCG provides seeds, plants, resources and education that help more than 42,000 households to grow more than 1.5 million pounds of healthy food each year.

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@KansasCityCommunityGardens



@kcccommunitygardens



[www.kccg.org](http://www.kccg.org)



816.931.3877



[contact@kccg.org](mailto:contact@kccg.org)



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# Volunteer

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Volunteers help to fill seed packs, start transplants, build raised garden beds, and more! We have opportunities for everyone.

To join the fun, visit  
[www.kccg.org/volunteer](http://www.kccg.org/volunteer)

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# Growing Mustard

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# KCCG's Varieties

**Curly Leaf** -55 days - Bright green leaves are crumpled and heavily curled. Upright plants are slow to bolt. Strong mustard flavor.

**Florida Broadleaf** - 50 days  
Early, fast-growing variety for processing, market, and home gardening. Large, upright plants 10" high, deep green, oval-shaped, smooth leaves.

**Rainbow Blend** - 45 days  
Very attractive plant with reddish leaves. Can be harvested either as a 6" plant or allowed to grow to 17". Has a mild, mustard flavor. Sow spring through fall. Slow bolting.

**Tendergreen** - 40 days  
Large plants, quick growing. Leaves are oblong, thick, fairly smooth, and dark green. Mustard-spinach flavor.

## Planting:

Spring: March 15 - May 1  
Fall: August 1 - August 30th

From early spring to late summer, sow seeds to inch deep, 1 inch apart in rows 6 to 8 inches apart.

Thin to 6-inch spacings for smaller varieties, or up to 18 inches for large ones.

Plant every 2 weeks for continuous harvest.

Hot summer temperatures cause mustard to bolt.

The hot temperatures and lack of moisture increases mustard's peppery flavor.

## Care:

Water seeds regularly with a gentle spray. Keep the soil moist so the seeds will germinate. Thin seedlings when the top of 1" of soil dries out. Mulch plants with cotton burr compost to help retain moisture.

## Harvest and Storage:

Once plants reach 4" tall, harvest leaves by cutting them from the outer part of the plant and leave the inner stocks to grow more leaves.

When plants bolt, harvest flowers and seed pods for salads.

Store mustard in the refrigerator for up to a week .

Do not wash it until right before you are going to eat it.