

# Free Workshops

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Did you know? KCCG offers 40+ free gardening and cooking workshops each year. With topics ranging from an introduction to vegetable gardening to tips and tricks for pest management and cooking demonstrations with fresh garden produce, we welcome everyone from beginner gardeners to seasoned pros.

**See the schedule and register at:**  
[kccg.org/workshops](http://kccg.org/workshops)

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# Online Resources

KCCG's website offers guide sheets on a wealth of gardening topics, including watering, fertilizing, pest management and more!

**Find them at**  
[kccg.org/gardening-guidesheets](http://kccg.org/gardening-guidesheets)

Our vast library of online videos can help you with most anything including planting, maintenance, harvesting, and cooking.

**Find them at**  
[kccg.org/how-to-videos](http://kccg.org/how-to-videos)

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# Together We Grow

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KCCG provides seeds, plants, resources and education that help more than 42,000 households to grow more than 1.5 million pounds of healthy food each year.

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**@KansasCityCommunityGardens**



**@kccommunitygardens**



**www.kccg.org**



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**contact@kccg.org**



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# Volunteer

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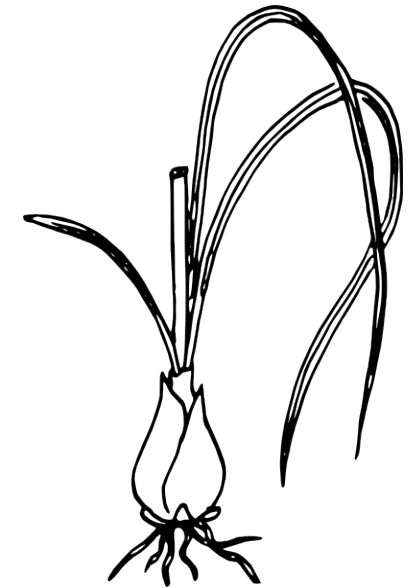
Volunteers help to fill seed packs, start transplants, build raised garden beds, and more! We have opportunities for everyone.

To join the fun, visit  
[www.kccg.org/volunteer](http://www.kccg.org/volunteer)

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# Growing Onions

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# KCCG's Onion Varieties

## Onion Sets:

**Red, White, and Yellow** - Sets are recommended for growing green onions as opposed to onion bulbs.

## Onion Plants:

**Candy (Yellow)** 90 days - Successfully grown in any area. Unique, sweet and mild flavor, early maturity, jumbo bulb size. Stores 3 months. (hybrid)

**Candy Apple (Red)** 100 days - Sweet at harvest becomes more pungent during storage. Stores 4-6 months. (hybrid)

**Superstar (White)** 100 days - Earlier, milder, sweeter, larger, and more widely adapted than other white onions. Easiest variety to grow for large onions. (hybrid)

## Fun Facts:

One cup of raw onion contains 20% of the recommended daily value of Vitamin C. Potassium, phosphorus and calcium are all found in onions.

Onions are rich in chromium which helps facilitate insulin and manage blood sugar levels.

## Planting:

- In the Kansas City area, plant between March 15th and April 15th.
- Choose a weed-free, well-drained area in full sun to plant. Raised beds are ideal!

### Sets:

- Plant the set with the root end down.
- The sets should be planted about half an inch deep with the tip of the set sticking out of the ground.
- The sets should be planted in rows spaced 2-3" apart.

### Plants:

- Plant onion plants 1 inch deep with the root end facing down.
- The plants will stick out of the ground about 4-6" apart.
- The plants should be planted in rows spaced 4-6" apart.

## Care:

- Water at time of planting.
- Onions have shallow root systems and require regular and even watering and good weeding.
- Water weekly when weather is dry and mulch well to retain moisture and keep down weeds.

## Harvest and Storage:

### Sets (Green Onions):

- Once shoots reach 5-6" tall they are ready to harvest.
- If kept in the ground longer, the onion will continue to grow.
- Once the top of the shoot has folded over, the onion is done growing.

### Onion Plants (Bulbs):

- After the tops of the onion plants have folded over, leave them in the ground for another 10 days.
- Harvest by pulling the plant and bulb from the ground.
- Let them sit in the sun for a day or two to dry.
- After drying, move the onions to a warm dry place to fully cure- usually one or two weeks.
- The green stem can be removed before or after drying. Just be sure to not cut too close to the bulb.
- Once dried, store in a cool dry place keeping the skins on to prevent rot.